

Physical Therapy



Keep moving toward better health

We're here to get you moving again. Your physical therapist (PT) has the education, skills and expertise to get you feeling like your normal self, while reducing or eliminating your pain.

Think of your PT as a *mechanic for your body*. PTs treat chronic and acute strains and injuries in the neck, back, arms, and legs. Your PT will evaluate your condition and develop a plan specifically for you. You'll learn manual techniques to improve your condition over time.

Physical Therapy Services

- Worksite physical therapy, screening and wellness assessments with board certified therapists
- Treatment for acute and chronic injury care, pain management, and strengthening and conditioning, including therapeutic ultrasound and electrical stimulation
- Prevention-based assessments, general worksite and ergonomic evaluation
- Occupational health assessments and testing



I am more active, much happier, and enjoying life a lot more. I have never felt this good.

– Ricardo,
Marathon Health Patient



To schedule an appointment, call your health center or visit: my.marathon-health.com



Marathon
Health™